

September 2010

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EMPATHY

EMPATHY is the ability to put ourselves in another's place and to understand their experience. EMPATHY connects us with our common humanity. With EMPATHY, we reflect on how our actions effect others. It moves us to seek justice for every person, even those with whom we disagree. EMPATHY inspires us to be giving and selfless; it connects our hearts.



1) Free Play Day
2) "Teddy Bears Picnic" Bevan's Park 10-11:30
3) Free Play Morning
4) CLOSED

5) CLOSED
6) CLOSED
7) "Dinosaurs at the Park" Wallace Park 10-11:30
8)
9) Rhyme Time FASD Awareness Day "Dinosaurs in the Park" - Bevan's 10-11:30
10) Family Fun Time 10-11:30
11) CLOSED

12) CLOSED
13) Free Play Morning Battle River Lodge Outing 2-3 pm Grandparent's Tea
14) Irma PLOW
15) Chauvin PLOW
16) Rhyme Time 10:30-11:30 @ Wainwright Public Library Edgerton PLOW
17) Family Fun Time 10-11:30
18) CLOSED
Kites 4 Kids 1-3 Wallace Park



19) CLOSED
20) Messy Monday 10:30-11:30
21) Irma PLOW
22) Chauvin PLOW
23) Rhyme Time 10:30-11:30 @ Wainwright Public Library Edgerton PLOW
24) Family Fun Time 10-11:30
25) CLOSED
Wainwright Scarecrow Festival

PARENT LINK ON WHEELS (PLOW)
Irma/Chauvin/Edgerton
Tues./Wed./Thurs. respectively
10-11:30

26) CLOSED
27) Messy Monday 10:30-11:30
28) Irma PLOW
29) Chauvin PLOW
30) Rhyme Time 10:30-11:30 @ Wainwright Public Library Edgerton PLOW



Rhyme Time @ Wainwright Public Library
Thursdays, September 9, 16, 23, and 30.
10:30am—11:30am

**September Rhyme is:
Criss Cross, Applesauce**

Criss, Cross
(draw an X on baby's back)
Applesauce.
(pat baby's shoulders in rhythm to the beat)
Spiders crawling up your back,
(walk fingers in tickly fashion up baby's back)
Crawling here,
(lightly tickle one shoulder)
Crawling there,
(lightly tickle the other shoulder)
Spiders crawling in your hair
(tickle baby's scalp)
Tight squeeze,
(give hug)
Cool breeze,
(blow gently on baby's neck)
And now you've got the shiverrees!!
(tickle baby all over)

Battle River Lodge Outing

Monday, September 13th from 2:00—3:00pm

Join us for an inter-generational outing and enjoy some great conversation and tea. PLC will supply a story, craft and snack. Play, Learn and Connect!! You can register by calling Laurie or Penny @ 780-842-2585.

Coming to Parent Link in October.....

Young Chef's
Mini Gym
Dad N Me Time
And More!!!
We'll keep you posted!!

parentLINKcentre

:) **Thank you**

for being so patient

while we renovate!!

**Family Fun Time
Fridays 10-11:30**

Join Penny this morning for fun times including stories, games, crafts and snacks!! There is something for every person in the family!!

**Kites For Kids
Sat., Sept. 18th, 2010
1:00-3:00pm**

Bring your families out to **Wallace Park** and bring your kites!! You can fly a kite, or just sit and enjoy watching them fly way overhead!! Free face painting and you can build your own streamer to run with!

Messy Mondays @ PLC
Mondays, September 20 and 27.
10:00am —11:30am

If you have some creative little minds in your home, bring them down to get messy with us while working on their fine motor skills. They will be proud of their creations!!

Join us on September 20th to make "Bloomin' Apple Trees" using tissue paper, glue and construction paper!
On September 27th, we will use pine cones and cotton balls to create a "Baby Owl"!

Both days will also have the sensory table open, filled with popcorn kernels to dig in and play with!



Parenting Just Got Easier!!

Now available through a trained and accredited facilitator, Parent Link offers Triple P Parent Education Sessions, Tip Sheets, DVD's, or One on One Sessions!

There is no hard and fast rule book for raising children but it's surprising how many familiar parenting problems have very simple solutions. Triple P is one of the few parenting programs in the world that's based on evidence from clinical research. For more than 30 years, Triple P's easy to understand and practical strategies have been shown to help families in all types of situations.

Call Parent Link at 780-842-2585 or email to wdplc@incentre.net for more information today!!